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Dear Parents/Guardians and Girls

ST MARGARET'S WATER POLO DAY CAMP 2019

The camp will be held on Sunday 6 October 1.00pm – 4.00pm and Monday 7 October 9.00am – 12noon at Yeronga Park Swimming Pool, Yeronga. The aim of the camp is to build on your daughters fitness and skills whilst providing opportunities for technical and team development. It will also be a fun and rewarding experience. The program over the course of the two days will include:

- x Skill based sessions catering for all levels
- x Team play and strategies
- x Overview of the new

